

## **Duck Leg Confit with Indonesian Sambal Ijo**



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### This recipe is available for:

Convotherm mini

#### Accessories:

1/1 GN Granite enamelled tray, 60 mm deep, 3013030

1/1 GN Roasting and baking tray with drip drain, non-stick coating, useable on both sides, Flat, 3055630

Chilled 4°C

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Combi-steam

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Convection

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6 pcs

pcs

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**Stage 1** 160 °C

**Stage 2** 180 °C

# Ingredients

Duck Leg á 200 - 250 g 10 pcs Water 5 3 Coconut Water - 1 Shallot 8 pcs 6 Garlic pcs 25 Ginger Lemongrass 3 pcs 5 pcs Lime Leaf 2 pcs Cinnamon Stick

Staranis

Clove

### 1. Food Preparation

Confit the Duck : Wash the duck and arrange skin side up in GN 1/1, combine the rest of ingredients, cover with GN1/1 Tray Finishing the Duck : Take Out from the GN Pan 1 by 1 carefully, drain.

### 2. Cooking Instruction

For Confit and Finishing the duck, preheat oven as per Oven Setting.

### 3. Food Serving Instruction

Serve with Steamed Rice, Roasted Zucchini and Tomato and Sambal Ijo Puree

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4 tbs Salt

Note: Information emanating from Welbilt is given after exercise of all reasonable care and skills in its compilation, preparation and issue, but is provided without liability in its application and use. All cooking settings are guides nly. Adj Liability in its application and use and start temperatures. Always ensure that food save core temperature has been achieved prior to