

Grilled Medium Sirloin Steak



07:07

This recipe is available for:

- Convotherm mini

Accessories:

1/1 GN Grill grate with cross pattern, non-stick coating, Flat, 3055636

PROFILE

- Chilled 4°C
- 1 Full Tray
- From Scratch

Stage 1  
230 °C

- Convection
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- 2

RECIPE

Ingredients

230	g	Sirloin Steak
30	ml	Oil
1	pinch	Salt
1	pinch	Pepper

1. Food Preparation

Brush the steak with oil and season with salt and pepper

2. Cooking Instruction

Allow the steak to rest to room temperature before cooking. Pre heat the criss cross grill plate, non stick

3. Food Serving Instruction

Serve with french fries, grilled mushrooms and grilled tomatos