

## Mange Tout



**29:04**

**This recipe is available for:**

- Convotherm mini

**Accessories:**

1/1 GN Stainless steel pans, perforated, 55 mm deep, 3003074

PROFILE

- Chilled 4°C
- 1 Full Tray
- From Scratch

**Stage 1**  
100 °C

- Steam
- 00:04 | -
- 2

RECIPE

### Ingredients

900 g	Mange Tout
100 g	Butter
1 pinch	Salt
1 pinch	Pepper

### 1. Food Preparation

Prep the mange tout by removing the top and tails. Place in a Perforated stainless steel pan.

### 2. Cooking Instruction

Place directly into the oven on steam when the oven has pre heated.

### 3. Food Serving Instruction

Remove from the oven, drain and season with butter, salt and pepper and serve