

Paella






L 49:17



This recipe is available for:

- Convotherm mini




Accessories:

P R O F I L E




-  Chilled 4°C
-  1 Full Tray
-  From Scratch

-  Convection
-  00:08 | -
-  2

Stage 1
215 °C

-  Combi-steam
-  00:20 | -
-  2

Stage 2
125 °C

-  Combi-steam
-  00:10 | -
-  2

Stage 3
125 °C

Ingredients

- 1 kg Risotto rice
- 1 g Saffron threads
- 400 g Chicken breast cut into bite-sized cubes
- 300 g Cod fillets, cut into bite-sized pieces
- 1 kg Frozen seafood (without rolls of crab meat), thawed and drained
- 1 pcs Pepper each red, yellow and green cut into small cubes
- 200 g Frozen peas, defrosted
- 1 pcs Onion in cubes
- 4 pcs Garlic cloves in cubes
- 4 tbs Olive oil
- 2 l Vegetable stock
- 1 pinch Sea salt, black pepper to taste

1. Food Preparation

Marinate the chicken breast cubes with salt, pepper, paprika powder and olive oil and mix with the onions and garlic. Then place on a Teflon tray and cook in convection air at 215°C for 8 minutes. In the meantime, add the saffron threads to the vegetable stock and Put all ingredients in a deep GN 100 tray. Now add the roast chicken to the rest and mix it well. Retaining the giant prawns Place a normal Gn tray on top as a lid. Put it inside the preheated Convotherm After the first 20 min cook time, carefully open the lid, and place the prawns on top. Cook it now for another 10 min without lid. After cooking, season to taste again if necessary and place the lemon wedges on top for garnish

2. Cooking Instruction

For most rice dishes where you use a temperature above 100°C you always should work with a lid, to avoid that the surface rice layer gets to dry

3. Food Serving Instruction

You should serve the Paella if possible, in the tray where it was cooked, so that each portion gets the same between soft and crisp rice.

Note: Information emanating from Convotherm recipes is intended as a guide only. All reasonable care and skills in its preparation, storage and use, but is provided without liability in its application and use. All cooking settings are guides only. All cooking settings are guides only. All cooking settings are guides only. All cooking settings are guides only. All cooking settings are guides only.

R E C I P E



- and season to taste
- 16 pcs King prawns, raw, unpeeled, without head (for decoration)
- 1 pcs Organic lemon, sliced (for decoration)