

# **Roasted Vegetables**



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## This recipe is available for:

Convotherm mini

#### Accessories:

2/3 GN, Grill grate with bar pattern, non-stick coating, 3012004







1 Full Tray



From Raw



555 Convection



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Stage 1

#### Ingredients

1	each	Courgettes
1	pcs	Asparagus Bunch
1	each	Red Pepper
1	each	Yellow Pepper
2	each	Red Onion (Small)
1	tsp	Salt
1	tsp	Pepper

### 1. Food Preparation

Wash & dry all vegetables, peel the onion and slice into  $\frac{1}{2}$  inch circles, slice courgettes at an angle also ½ inch thick, deseed the peppers and slice into large pieces, cut any white stem off the base of the asparagus and discard.

#### 2. Cooking Instruction

Lightly oil & season all the vegetables, and place on to a cold griddle tray.

#### 3. Food Serving Instruction

Serve as a side dish or as a base for any Fish or Meat also can be combined in pasta dishes with a sauce or pesto.