

Steamed Broccoli



 13:48




This recipe is available for:

- Convotherm mini

Accessories:

1/1 GN Stainless steel pans, perforated, 55 mm deep, 3003074

PROFILE

-  Chilled 4°C
-  1 Full Tray
-  From Scratch

Stage 1
100 °C

 Steam

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 2

RECIPE

Ingredients

900 g	Broccoli
100 g	Butter
1 pinch	Salt
1 pinch	Pepper

1. Food Preparation

Prep the broccoli by cutting into florets. Place in a Perforated stainless steel pan.

2. Cooking Instruction

Place directly into the oven on steam when the oven has pre heated.

3. Food Serving Instruction

Remove from the oven, drain and season with butter, salt and pepper and serve