

Steamed Cauliflower Florets



48:04

This recipe is available for:

Convotherm mini

Accessories:

1/1 GN Stainless steel pans, perforated, 55 mm deep, 3003074







1 Full Tray



From Scratch



Steam



♣ 2

Stage 1 100 °C

Ingredients

900 Cauliflower 100 g Butter 1 pinch Salt Pepper pinch

1. Food Preparation

Prep the cauliflower by cutting into florets. Place in a Perforated stainless steel pan.

2. Cooking Instruction

Place directly into the oven on steam when the oven has pre heated.

3. Food Serving Instruction

Remove from the oven, drain and season with butter, salt and pepper and serve