

Well Done Steak



18:15

This recipe is available for:

- Convotherm mini

Accessories:

1/1 GN Grill grate with cross pattern, non-stick coating, Flat, 3055636

PROFILE

- Ambient
- 1 Full Tray
- From Scratch

Stage 1
230 °C

- Convection
- 18:15 | 65 °C
- 2
- 2

RECIPE

Ingredients

- 6 each Steak
- 1 tbs Olive Oil
- 1 tsp Salt
- 1 tsp Cracked Black Pepper

1. Food Preparation

Cut Steaks to required weight or thickness.

2. Cooking Instruction

Lightly oil and season the steaks and place onto a Hot Griddle Tray, cool the Temperature Probe in Cold water and place fully into 1 Steak.

3. Food Serving Instruction

Serve with vegetables, Potatoes and Red Wine sauce or slice onto a Salad.