

## Boiled Chinese Broccoli



**56:00**

**This recipe is available for:**

- Convotherm maxx

**Accessories:**

1/1 GN Stainless steel pans, perforated, 55 mm deep, 3003074

PROFILE

- Ambient
- 1 Full Tray
- From Scratch

**Stage 1**  
100 °C

- Steam
- 00:05 | -
- 1

RECIPE

**Ingredients**

350 g	Chinese broccoli
30 g	Oil
15 g	Light soy sauce
5 g	Garlic chopped
5 g	Ginger slice
1 pinch	Sugar
1 pinch	Salt

**1. Food Preparation**

Put the Chinese broccoli into 1/2 GN pan, a touch with sugar and salt.

**2. Cooking Instruction**

Start the cooking program. After preheating, loading the GN pan into oven. When the program completed, take out and transfer to a plate. Put garlic chopped and ginger slice and top, pour light soy sauce and very hot oil on it.

**3. Food Serving Instruction**

Serve with rice, meat or fish.