

Chicken Saltimbocca



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This recipe is available for:

Convotherm maxx

Accessories:

1/1 GN Roasting and baking tray with drip drain, non-stick coating, useable on both sides, Flat, 3055630



Chilled 4°C



1 Full Tray



From Scratch



555 Convection



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Stage 1 210 °C

Ingredients

12 pcs Chicken filets 12 pcs Half slices of Parma ham 12 pcs Sage leafs Salt pinch pinch Pepper

1. Food Preparation

Season the chicken filet with salt and pepper. Place the chicken filet on a half slice of Parma ham, and add the sage leaf on the filet center. Wrap the chicken filet now with the Parma ham, and place it on a black baking tray. Put the tray in the preheated Convotherm.

2. Cooking Instruction

If you take a chicken breast instead of the filet, then ensure to make a butterfly cut, so that the cook time will be shorter.

3. Food Serving Instruction

Serve the chicken saltimbocca to a polenta or risotto.