

## Grilled Medium Sirloin Steak



 54:20




**This recipe is available for:**

- Convotherm maxx



**Accessories:**

1/1 GN Grill grate with cross pattern, non-stick coating, Flat, 3055636

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-  Chilled 4°C
-  1 Full Tray
-  From Scratch

**Stage 1**  
230 °C

-  Convection
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### Ingredients

230 g	Sirloin Steak
30 ml	Oil
1 pinch	Salt
1 pinch	Pepper

### 1. Food Preparation

Brush the steak with oil and season with salt and pepper

### 2. Cooking Instruction

Allow the steak to rest to room temperature before cooking. Pre heat the criss cross grill plate, non stick

### 3. Food Serving Instruction

Serve with french fries, grilled mushrooms and grilled tomatos