

Roasted Vegetables



13:26

This recipe is available for:

- Convotherm maxx

Accessories:

2/3 GN, Grill grate with bar pattern, non-stick coating, 3012004

PROFILE

- Ambient
- 1 Full Tray
- From Raw

Stage 1
220 °C

- Convection
- 00:08 | -
- 3

RECIPE

Ingredients

- | | | |
|---|------|-------------------|
| 1 | each | Courgettes |
| 1 | pcs | Asparagus Bunch |
| 1 | each | Red Pepper |
| 1 | each | Yellow Pepper |
| 2 | each | Red Onion (Small) |
| 1 | tsp | Salt |
| 1 | tsp | Pepper |

1. Food Preparation

Wash & dry all vegetables, peel the onion and slice into ½ inch circles, slice courgettes at an angle also ½ inch thick, deseed the peppers and slice into large pieces, cut any white stem off the base of the asparagus and discard.

2. Cooking Instruction

Lightly oil & season all the vegetables, and place on to a cold griddle tray.

3. Food Serving Instruction

Serve as a side dish or as a base for any Fish or Meat also can be combined in pasta dishes with a sauce or pesto.