

Lamb Shank "Kuah Kari"



6:20

This recipe is available for:

- Convotherm 4
- Convotherm maxx pro

Accessories:

1/1 GN Stainless steel pans, unperforated, 60 mm deep, 3013030





1 Full Tray



From Raw



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Stage 1 160 °C

Ingredients

| 4 3 4 | pcs I pcs | Lamb Foreshank á 500 g Vegetables Stock Lemongrass |
|-------------|-----------------|--|
| 8 | pcs | Lime Leaf |
| 2 | pcs | Cinnamon Stick |
| 6 | pcs | Cardamom |
| 10 | pcs | Clove |
| 4 | pcs | Onion |
| 2 | tbs | Ginger, chopped |
| 2 | tbs | Garlic, chopped |
| 1 | tsp | Turmeric Powder |
| 1 | tsp | Chili Powder |
| 1 | tsp | Cumin Powder |
| 1 | tsp | Coriander Powder |
| 2 | tbs | Yoghurt Plain |
| 4 | pcs | Tomato |

Curry leaf

Black Pepper, crushed

pcs 0,5 tsp

1. Food Preparation

Wash and clean lamb shank, arrange lamb shank in GN 1/2 combine all other ingredients, stir it make sure it's mixed well. Cover with tray.

2. Cooking Instruction

Preheat Oven as per oven setting

3. Food Serving Instruction

Served with Steamed Rice or baby Potato and Fried Curry Leaf

Note: Information emanatibe from w Meat Guery an owder is easonable care and skills in its compilation, preparation and issue, but is provided without liability in its application and use. All cooking settings at 00 under pnly. Adj 66 continues at 10 and 1 tbs Salt