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# **GOLDEN SNAPPER CURRY FISH HEAD**





1/1 GN Stainless steel pans, unperforated, 40 mm deep, 3004034

## Chilled 4°C

0 Portions

From Scratch

$\bigcirc$	Steam
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### Ingredients

600	g	Golden Snapper Fish Head (Split up the head into half. Clean up without fish scale)
30	ml	Cooking Oil
10	pcs	Shallot (Finely chopped)
2	pcs	Lemongrass (Pounded)
20	pcs	Curry Leaves (Plug and clean)
50	g	Young Ginger (finely chopped)
1	pcs	Eggplant ( Cut Batonette )
5	pcs	Ladyfinger (Cut into 2" length)
1	1	Think Coconut milk
200	g	Thick Coconut cream
50	g	Assam Paste (Mix with 100ml water and squeeze out juice)
25	g	Seafood curry powder
10	g	Turmeric powder
5	g	Salt
10	g	Light soy sauce

## 1. Food Preparation

Stage 1 100 °C

1. Prepare the sauce in a casserole pot by adding oil, shallot, lemongrass, ginger, curry leaves, curry powder, turmeric powder stir fry till fragrand. 2. Add eggplant and ladyfinger salt, soy sauce and stir well. Add thin coconut milk, assam juice and bring to boil. Set aside.

#### 2. Cooking Instruction

3. Steam fish head per below cooking profile. 4. Throw away the liquid residue at bottom of tray. Add fish head into sauce and bring to boil. Add thick coconut milk, bring to boil and serve.

#### 3. Food Serving Instruction

Note: Information emanating from Welbilt is given after exercise of all reasonable care and skills in its compilation, preparation and issue, but is provided without liability in its application and use. All cooking settings are guides only. Adjust cooking settings to allow for differing product weights and start temperatures. Always ensure that food save core temperature has been achieved prior to service.